

# Sailing Instructions

## AYC Junior and Youth Regatta

### Monday 13<sup>th</sup> to Friday 17<sup>th</sup> August 2018

#### 1. ORGANISATION & RULES

##### 1.1. ORGANISATION: The Organising Authority is the Aldeburgh Yacht Club

1.2. **RULES:** Races shall be governed by the World Sailing Racing Rules of Sailing 2017-2020(RRS), the Prescriptions of the RYA, applicable Class Rules, AYC Local Rules, the Notice of Race, the Race Programme and schedule of Trophies in the Appendix to the Notice of Race and these Sailing Instructions including any amendments. In the event of conflict the Sailing Instructions shall prevail. This alters RRS 63.7.

##### 1.2.1. AYC Local Rules:

1.2.1.1. **Any** boat which, while racing, fouls a moored boat, excluding any Committee Boat, not in the race shall retire from that race immediately. She must also file a report in the AYC Incident Book. Contact with the mooring buoy, rope or chain is permissible. Failure to retire will render her liable to disqualification. If the contact is the fault of another boat, that boat shall also immediately retire, or be liable to disqualification and may not exonerate herself by doing a turn in accordance with RRS 44 as modified by these Sailing Instructions. The boat that fouled the moored boat may, however, gain redress if the contact is deemed by the Protest Committee, following a Protest Hearing, to be the fault of another boat even if that boat has already retired.

1.2.1.2. Boats shall leave the beacons marking the oyster beds to the South of the Martello Tower to the East. In addition a boat shall not cross to the Eastward side of an imaginary line joining these beacons.

2. **ELIGIBILITY AND ENTRIES:** A minimum of two boats must start in any race in the Regatta for it to be a valid race
3. **HANDICAPS:** The Handicaps in force shall be those approved by the AYC's Honorary Handicapper. They will be displayed in the Clubhouse.
4. **NOTICES TO COMPETITORS:** Notices to the competitors will be posted on the Official Regatta Notice Board at AYC.
5. **CHANGES TO THE SAILING INSTRUCTIONS:** Any change to the Sailing Instructions will be posted before 9 a.m on the day that it takes effect except that any change in the schedule of races will be posted before 8pm on the day before it takes effect.
6. **SIGNALS MADE ASHORE:** Signals made ashore shall be displayed from the AYC club flagpole.
7. **POSTPONEMENTS:** In the event of a Postponement(AP) being signaled onshore at AYC, no race will be started less than 45 minutes from the time the flag is lowered and replaced by a Postponement Flag(AP) at the South Line flagstaff. Any subsequent postponements will conform with RRS Race Signals.
8. **THE RACE PROGRAMME:** The intended Race Programme will be as set out in the Appendix to the Notice of Race which is the regatta brochure
9. **STARTING SYSTEM:** The Warning Signal Flags for each start will be as set out in the Regatta Brochure.
  - 9.1. For starts at the AYC South Line RRS 29.1 Individual Recall is varied as follows: When at a boat's starting signal any part of her hull, crew or equipment is on the course side of the starting line the race committee shall leave her class flag flying "at the dip" with one sound signal. The flag shall be displayed until either
    - 9.1.1.all such boats are completely on the pre-start side of the starting line or
    - 9.1.2.no later than four minutes after the starting signal or one minute before any later starting signal whichever is earlier.
  - 9.2. RRS 29.2 General Recall is varied as follows. A General Recall at the AYC South Line shall be signalled by two sound signals and displaying a board showing the First Substitute.
  - 9.3. RRS 29.2 General Recall is also varied as follows: When a start is subject to a General Recall the recalled Class will start after the last start of that sequence of races and the programme for the other Classes shall not be varied. In the event that more than one Class is subject to a General Recall then the restart of those Classes shall follow the last start in the scheduled starting sequence in the same order that the recalled Classes would originally have started.

- 10. COURSES:** The start area and the type of course will be as set out in the Appendix to the Notice of Race
- 10.1. Courses using specially laid marks:** The course will be either Course 1, Course 2 or Course 3 as shown in the diagrams appended to these Sailing Instructions. Numeral Pennant 1, 2 or 3 as appropriate will be flown by the Committee Boat to indicate the Course.
- 10.2. Courses using AYC Club marks:**
- 10.2.1.** The starting line for starts on the race days exclusively run from AYC will be either:
- 10.2.1.1.** the AYC South Line, situated about 300 metres south of the AYC clubhouse between a signal mast on the east side and two black and white poles on the west side of the river Or
- 10.2.1.2.** between the mainmast of the Principal Committee Vessel and an orange cylindrical buoy. There may also be an Inner Distance Mark. Any Inner Distance Mark will be a small orange buff buoy.
- 10.2.1.3.** The approximate location of any such start will be shown on the Official Notice Board at least one hour before the start.
- 10.2.2.** The finishing line will be the AYC start/finish line between the main signal mast on the AYC clubhouse and two black and white poles on the opposite side of the river.
- 10.2.3.** These courses use the marks shown on the chart issued to competitors. The Course will be described by letters. The course Letters will be displayed at the AYC South line. The colour of each letter's background will be either red (Port) or green (Starboard)) to indicate on which side that mark is to be left. The letters should be read from left to right. Yachts will sail to the finish after the last indicated mark.
- 10.2.4.** Elbow Buoy and Cob Island Beacon shall be marks of the course. They will not be shown on the course board but shall be left to the southwest whenever they are passed.
- 10.2.5.** Courses may be shortened at the AYC line whenever a course passes through it in accordance with RRS 32.2(b).
- 10.2.6.** If the course has two or more rounds (each comprising the same marks rounded in the same order) a board with a number on it will be displayed on the letter board after the relevant marks.
- 10.2.7.** Marks, except for Elbow mark, Quay mark, Dove Point mark and Cob Island beacon are pillar buoys with a red top mark carrying their identification letter. Elbow mark is a yellow buoy with a black and white top mark. Quay mark is a white spherical buoy. Dove Point is a South Cardinal buoy. Cob Island beacon is a metal post with top mark located on the site of the old Cob Island south of the disused Brick Dock.

- 11. TIME LIMIT:** The Time Limit is 2 hours for all finishers from the first valid start of the relevant race. This changes RRS 35

**12. PENALTIES:**

- 12.1.** The "two-turn" penalty specified in RRS 44.1 for a breach of any provision of Part 2 of the RRS is reduced to a single 360 degree turn. A single 360 degree turn also exonerates any infringement of RRS 31.
- 12.2.** When 12.1 applies RRS 44.1(b) shall also apply.
- 12.3. Exoneration Penalty and Arbitration:** The Exoneration Penalty and the Advisory Hearing and RYA Arbitration of the RYA Rules Disputes Procedures will be available – see the Club Notice Board for details.

**13. POINTS SYSTEM:**

- 13.1.** RRS A4.1 and A4.2, the Low Point Scoring System, will apply.
- 13.2. Discards:** If 4 or more races are completed one result may be discarded. If fewer races are completed all results shall be included

**14. DECLARATIONS:** Declaration forms will be posted in the marquee.

- 14.1.** Competitors shall sign this form within one hour of the finishing time of the last boat in their race to the effect that the rules were observed.
- 14.2.** Any boat accepting an Exoneration Penalty shall report that fact on the declaration form.
- 14.3.** Any boat retiring shall report that fact on the declaration form and inform either the Race Officer or the Secretary's Office at AYC.
- 14.4.** Any boat failing to declare shall be deemed to have retired.

## 15. PROTESTS:

- 15.1. In alteration to RRS 61.3, Protests shall be given to a member of the Race Committee or the AYC secretary and the Race Officer informed by the Protester within one hour of the last boat finishing the last race in the morning or the afternoon, as appropriate, on that day. This time limit will be posted on the official notice board.
- 15.2. **Protest Hearings:** Notices will be posted within 30 minutes of the end of protest time to inform competitors of hearings in which they are parties or named as witnesses and of the location and time of the hearings.
- 15.3. **Protests by the Race Committee:** Notice of protest by the Race Committee will be posted to inform yachts under RRS 61.1(b). By the display of such notice, competitors shall be considered adequately informed of such a protest.

## 16. SAFETY PRECAUTIONS:

- 16.1. RRS Rules: Attention is drawn to the following Fundamental Rule included in Part 1 of the Racing Rules,
  - 16.1.1. Helping those in danger: A boat or competitor shall give all possible help to any person or vessel in danger.
  - 16.1.2. Each competitor is individually responsible for wearing personal buoyancy. All those sailing in dinghies must always wear personal buoyancy. A wet suit or dry suit is not adequate personal buoyancy.
  - 16.1.3. By participating in a race conducted under the Racing Rules of Sailing, each competitor and boat owner agrees:
    - 16.1.4. to be governed by the rules;
    - 16.1.5. to accept the penalties imposed and other action taken in accordance with the rules subject to the appeal and review procedures provided in them as to the final determination of any matter arising under the rules;
    - 16.1.6. with respect to such determination, not to resort to any Court or Tribunal not provided by the rules.
    - 16.1.7. Decision to race: A boat is solely responsible for deciding whether or not to start or continue racing
- 16.2. Class requirements: All boats must conform with the safety requirements laid down by their Class Rules

## 17. Risk Statement:

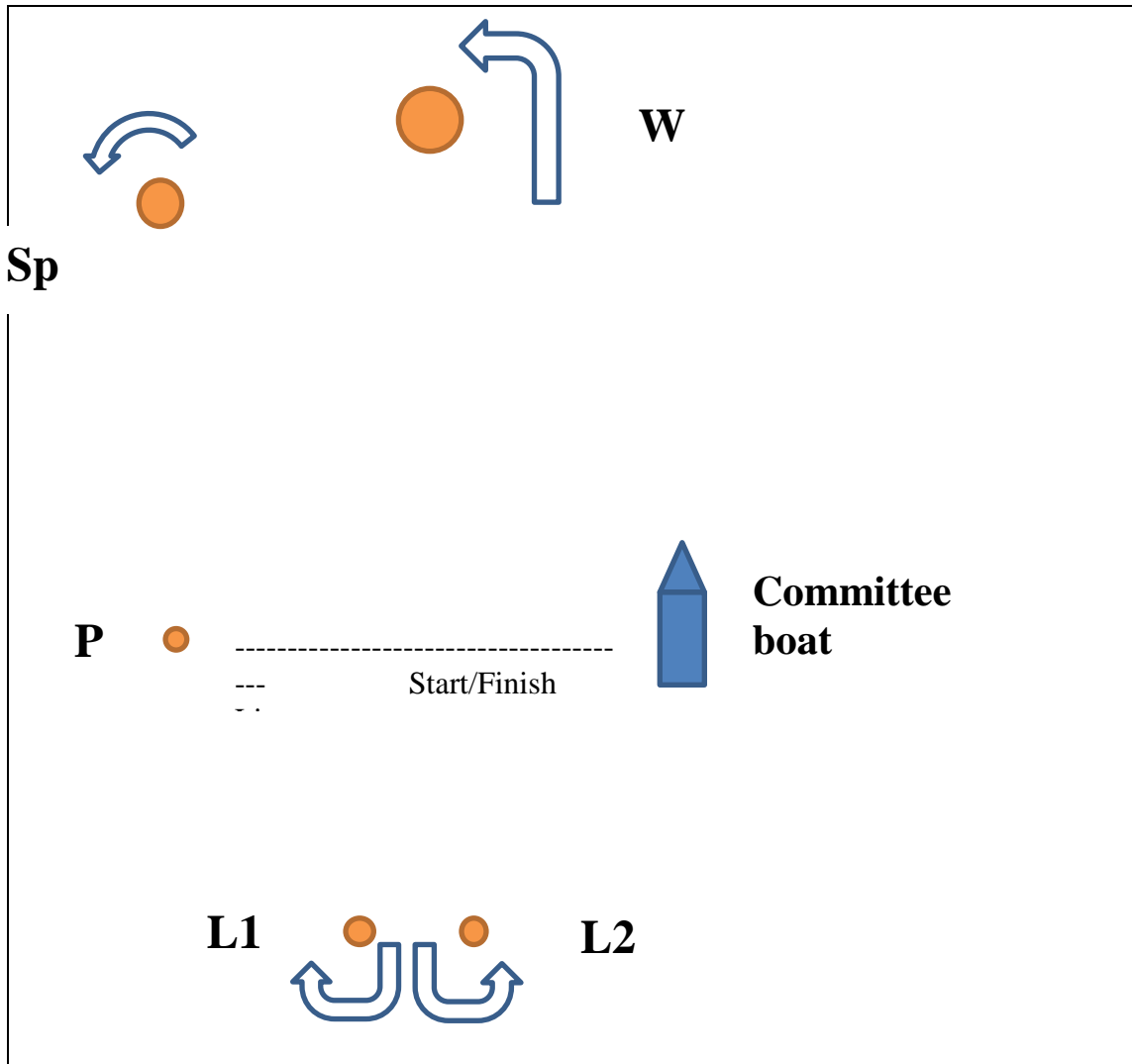
- 17.1. RRS 4 states "the responsibility for a boat's decision to participate in a race or to continue racing is hers alone."
- 17.2. Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that
  - 17.2.1. They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
  - 17.2.2. They are responsible for the safety of themselves, their crew, their boat and their other property whether afloat or ashore;
  - 17.2.3. They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
  - 17.2.4. Their boat is in good order, equipped to sail in the event and they are fit to participate;
  - 17.2.5. The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their own responsibilities
  - 17.2.6. The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances.
  - 17.2.7. Their boat is adequately insured, with cover of at least £3m against third party claims.
- 17.3. **Skippers must make their crew aware of their responsibilities contained in the Risk Statement before racing.**

## Appendix 1 - Courses

### Appendix 1 COURSE 1 for Windward Leeward races with spreader mark and two gate marks

The course will be Start, Windward mark to be left to Port, Spreader Mark, Leeward Gate (L1 and L2), start/finish line.

The number of laps (being the amount of times the windward mark is rounded and the Leeward Gate is passed) will be displayed on the Committee Boat prior to the start.



The starting line & finishing line will be the same, between the mainmast of the Committee Boat and the mark P (Pin)

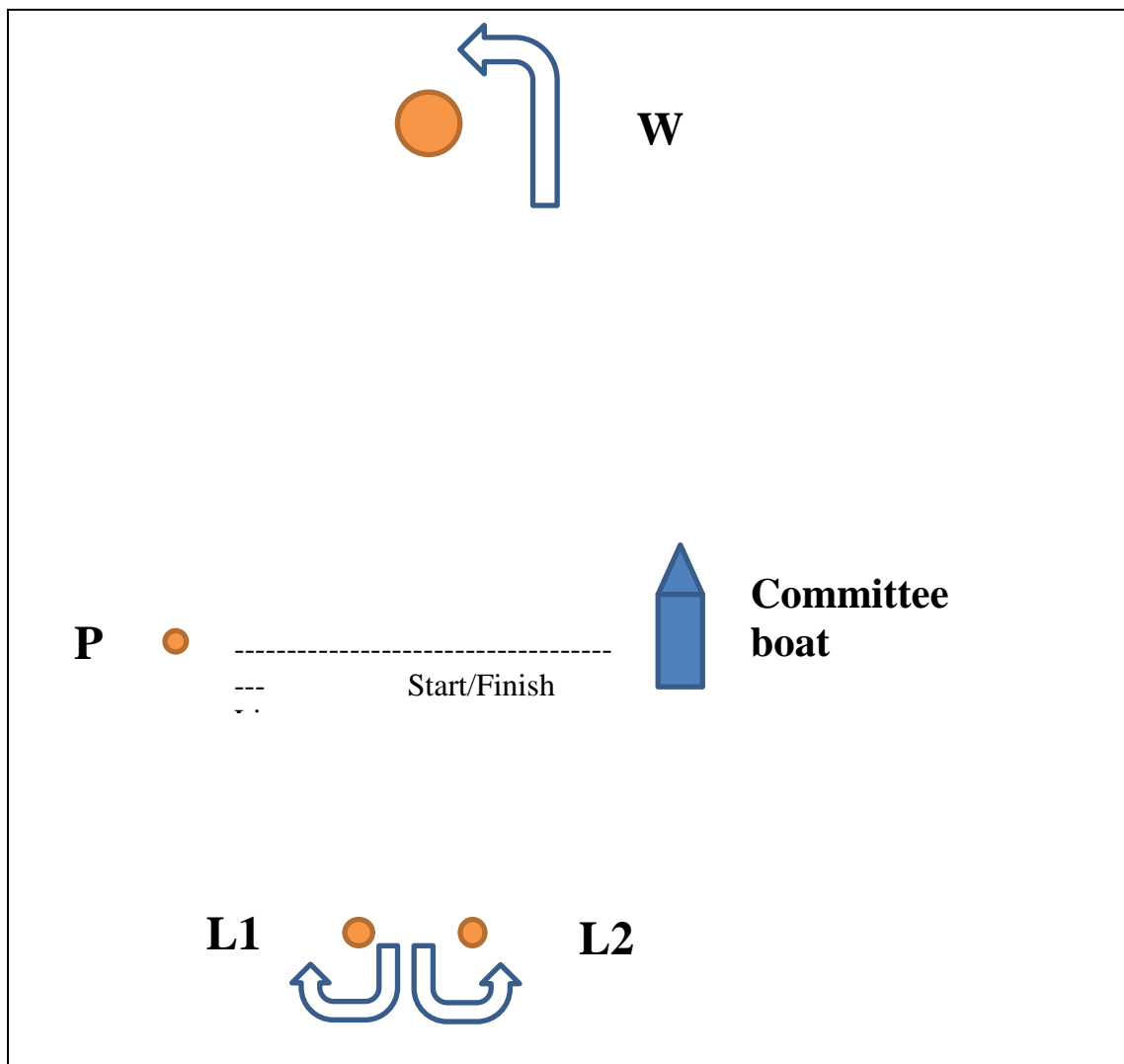
The starting/finishing line will be positioned between L1/L2 & W. Boats must cross the starting/finishing line every time on the windward leg. Downwind the line may be ignored.

Marks: W, Sp, L1 and L2 marks will be large orange cylinders. Mark P will be a smaller orange spherical buoy.

## Appendix 1 COURSE 2 for Windward Leeward races with no spreader mark and two gate marks

The course will be Start, Windward mark to be left to Port, Leeward Gate (L1 and L2), start/finish line.

The number of laps (being the amount of times the windward mark is rounded and the leeward gate is passed) will be displayed on the Committee boat prior to the start.

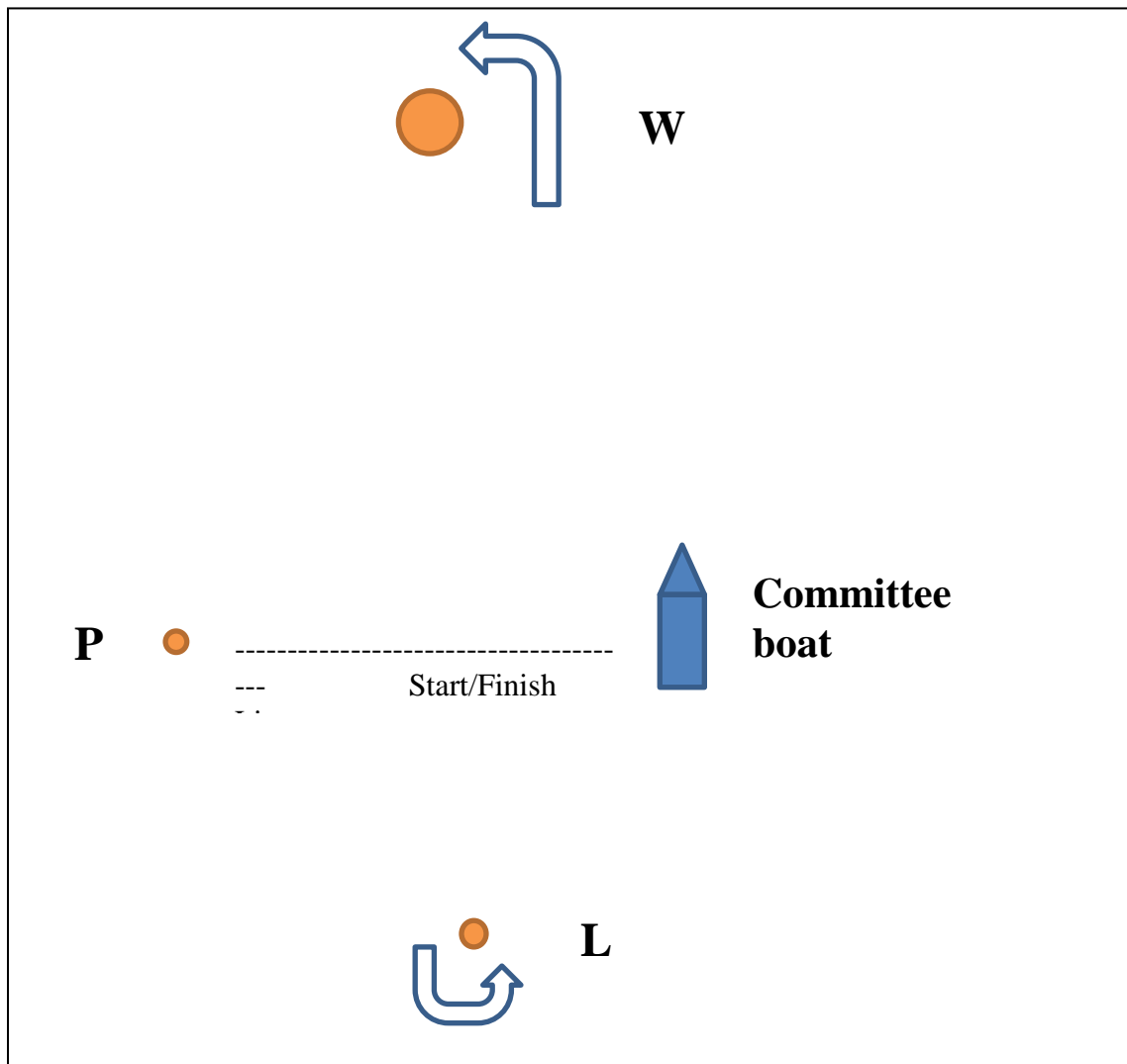


The starting line & finishing line will be the same, between the mainmast of the Committee Boat and the mark P (Pin)  
The starting/finishing line will be positioned between L1/L2 & W. Boats must cross the starting/finishing line every time on the windward leg. Downwind the line may be ignored.  
Marks: W, L1 and L2 will be a large orange cylindrical buoys. Mark P will be a smaller orange spherical buoy.

## Appendix 1 COURSE 3 for Windward Leeward races with no spreader mark and one leeward mark

The course will be Start, Windward mark to be left to Port, Leeward mark) to be left to Port, start/finish line.

The number of laps (being the amount of times the windward and leeward marks are to be rounded) will be displayed on the Committee boat prior to the start.



The starting line & finishing line will be the same, between the mainmast of the Committee Boat and the mark P (Pin)  
The starting/finishing line will be positioned between marks L& W. Boats must cross the starting/finishing line every time on the windward leg. Downwind the line may be ignored.

Marks: W and L will be large orange cylindrical marks and mark P will be smaller orange spherical buoys.